

## About the author

Reporter Andrew Leung strives to inform parents and students of athletes' progress after every meet, including their personal quotes and reflections in his reports. To have these reports emailed to you, please contact Andrew at 1045916@etusd.org.

## SOUTH HIGH SCHOOL TRACK & FIELD

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League Meet vs. North and Leuzinger April 5, 2018

South High School Mostly Sunny, 59°F

"It's cold, it's windy, I'm not prepared, so screw it, you know!", joked junior Haley Chung at the League Meet vs. North and Leuzinger on April 5. The jovial faces at the meet were predictive of a successful day for South High's Track & Field Team. Junior Ayssel Aly, previously debilitated by asthma, said, "I'm happy to have fought it off, and I hope today is great!" Her friend, sophomore Alyssa Lubba, added, "I'm really excited for this meet!" And sophomore William Woolen, always a prolific contributor to these reports, said, "It's great to see some old friends visit us today," since freshman Robert Yamaki, a Cross Country runner, came to cheer on the team. Overall, the athletes were in good spirits and health at the meet. However, some were still convalescing from mentally challenging debacles they faced earlier in the day. Reporter Andrew commiserated with senior Jason Min and junior Troy Wakimoto after they all took a tremendously challenging calculus test. Reporter Andrew said, "I'm definitely not taking another math class next year! Who wants to see highly annoying J's and arctan x's every day!? Not me!"  $\otimes$ 

South High's other Track & Field members, on the contrary, had much more positive thoughts at the meet. The runners performed tremendously excellently. Freshman Emmaly Sanchez ran a 6:24 in the 1600-meter race. Freshman Frank Captanis said, "I'd like to thank my friends [freshmen] Amaan Merchant and Kai MacKenzie. I'd also like to thank Coach Tokuda and Coach Rick." He, in the 400-meter run, finished with a 1:07. His friend Amaan Merchant stated, "I was very excited to run in a heat with very few people—that's less competition!" He completed the 100-meter dash in 14.3 seconds. Senior Matt Burt finished the varsity-level 100-meter race in 12.3 seconds. Junior Zach Davis finished the 1600-meter run in 5:07. Sprinter and freshman Nathan French stated, "I'm excited to compete against North and Leuzinger, but I'm also a bit nervous!" He finished the 200-meter dash in 31.7 seconds. In the girls' 4×400-meter relay, sophomores Amara Ugwu, Claire Masuda, Anna Radmilovich, and Alyssa Lubba finished in 5:02. Ugwu said, "I'm proud of my performance today, and I'm hopeful for the future."

The hurdlers also performed well at the meet. Junior Sean Hamilton commented, "Unfortunately, we had a terrible headwind today." Nevertheless, he made a spectacular performance, finishing the 300-meter hurdle race in 46.7 seconds. Sophomore Will Brandt finished that same race in 56.4 seconds. Sophomore Claire Masuda completed that race in 60.6 seconds.

South High's pole vaulters also made major successes at the League Meet vs. North and Leuzinger. Senior Reid Sauter cleared 7' 7". He said, "I think we did pretty swell today!" And senior Nik Swensson cleared 11' 7".

For the shot putters and discus throwers, the day was also filled with success. Sophomore Alyssa Coric exclaimed, "I'm really happy to compete today; I've come back from an injury!" Coric threw a 51' 0" in discus. Sophomore Kelly Chung commented, "The weather is great, although there are some chilly winds." She threw 59' 1/2" in discus. Junior Mark Chung said, "It was a very interesting meet, and I look forward to my progress in the future." In shot put, he threw a 26' 3".

The jumpers also made considerable strides in their abilities that day. Freshman Hannah Hueth

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and sophomore Madeline James cleared 4' 2" in the high jump event. Sophomore Shriya Mittar said, "I hope for a PR today; it's been a while!" In the long jump event, she finished with 13'1". The next Track & Field event for South High will be the Frosh/Soph Championships at El Camino College on Friday, April 13. The following day, select athletes will be competing in a second phase of that event. Thursday, April 19 will bring the Centennial Meet, to be held at South High. The League Meet vs. North and Leuzinger proved to be highly successful for South High's Track & Field athletes. - Reporter Andrew Leung Saturday, April 7, 2018