

Approximate Times

	heat #	
2:45 PM Boys FS 4x100m	1	3:00 - 4:30 all levels
2:50 PM Girls FS & Varsity 4x100m	1	
2:55 PM Boys Varsity 4x100m	1	<u>Triple Jump</u>
2:58 PM Boys FS 1600m	1	4:30 - 5:30 all levels
3:06 PM Girls FS & Varsity 1600m	1	
3:16 PM Boys Varsity 1600m	1	
3:26 PM Boys FS 110m Hurdles	1	<u>Shot Put</u>
3:29 PM Boys Varsity 110m Hurdles	1	3:00 PM Boys Varsity
3:36 PM Girls FS 100m Hurdles	1	Boys FS
3:39 PM Girls Varsity 100m Hurdles	1	Girls Varsity
3:43 PM Boys FS 400m	2	Girls FS
3:49 PM Girls FS 400m	1	
3:52 PM Girls Varsity 400m	1	<u>Discus</u>
3:55 PM Boys Varsity 400m	2	3:00 PM Girls Varsity
4:03 PM Boys FS 100m	3	Girls FS
4:12 PM Girls FS 100m	2	Boys Varsity
4:18 PM Girls Varsity 100m	2	Boys FS
4:24 PM Boys Varsity 100m	2	
4:32 PM Boys FS 800m	2	
4:40 PM Girls FS 800m	1	<u>High Jump</u>
4:45 PM Girls Varsity 800m	1	3:00 PM Girls - opening height 3'3"
4:49 PM Boys Varsity 800m	1	Boys - opening height 4'3"
4:59 PM Girls FS 300m Hurdles	1	
5:02 PM Girls Varsity 300m Hurdles	1	<i>increase increments of 3"</i>
5:09 PM Boys FS 300m Hurdles	1	
5:12 PM Boys Varsity 300m Hurdles	2	
5:20 PM Boys FS 200m	3	<u>Pole Vault</u>
5:29 PM Girls FS 200m	2	3:00 PM All levels
5:35 PM Girls Varsity 200m	1	first - opening height at 9'2"
5:38 PM Boys Varsity 200m	3	second - opening height at 5'2"
5:49 PM Boys & Girls 3200m	1	
6:04 PM GirlsVarsity & FS 4x400m	1	<i>increase increments of 8"</i>
6:09 PM Boys Varsity & FS 4x400m	1	

Be aware of any changes from the field judges