



About the author

Reporter Andrew Leung strives to inform parents and students of athletes' progress after every meet, including their personal quotes and reflections in his reports. **To have these reports emailed to you, please contact Andrew at [1045916@etusd.org](mailto:1045916@etusd.org).**

## SOUTH HIGH SCHOOL TRACK & FIELD

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Torrance Dual Meet  
March 15, 2018

Zamperini Stadium  
Mostly Sunny, 65°F

"I think as a team we did very well! Everyone has their own things to fix and improve upon, and I think we can look forward to the future," said senior Matt Burt, who ran the boys' 100-meter dash in 11.8 seconds at the Torrance Dual meet on March 15. Burt also cleared 12' 0" in pole vault, earning him the words "You ROCK!" emblazoned on his Track & Field statistics page online. Though Torrance had been receiving sporadic bouts of rain in the days immediately preceding the meet, South High's athletes were fortunate enough to encounter propitious weather at there, and that served as an indication of the wonderful successes they would achieve.

At the Torrance Dual meet, the sprinters, runners, and relay racers performed tremendously excellently. Junior Adrian Orejana ran a 2:10 in the 800-meter race, while freshman Matt Peters finished that event in 2:16. Sophomore Sean Ruskowski finished that race in 2:53. Sprinter and sophomore Ryan Dahl ran the 100-meter dash in 11.6 seconds, while junior Kieran Sullivan finished it in 11.9 seconds. Freshman Emmaly Sanchez finished the 100-meter race in 3:06. Freshmen Frank Captanis and Nathan French ran the 400-meter race in 1:09 and 1:08, respectively. Junior Zach Davis ran the 1600-meter race in 5:16, and sophomore Will Nicles ran it in 5:21. Freshman Sara da Silva completed that race in 6:27, and sophomore William Woolen ended with a 5:42. Junior Ayssel Aly, who, at the last meet, was happy to have recovered from her injuries, ran the 400-meter race in 1:20. Junior Haley Chung finished the 200-meter sprint in 24.5 seconds. Junior Ryan Taylor finished the 1600-meter race in 5:17. Sophomore Téa Takaoka ran the 800-meter run in 3:22, and freshman Rania Gomaa, always exceeding expectations, finished the 1600-meter race in 5:41.

Sophomore Amara Ugwu, Reporter Andrew's preeminent source for information on meets, wrote to the author, "[The] frosh boys[]" 4×100-meter relay won by at least 50 meters." That team consisted of freshmen Zachery Denman and Matt Irvine and sophomores Bo Daodu and Nick Kamitsubo. The four finished in 47.1 seconds. The boys' 4×400-meter relay, in which sophomore Ajith Nair replaced Daodu, finished in 3:58. The girls' 4×100-meter relay of freshmen Grace Winters and Hannah Hueth and sophomores Amara Ugwu and Kaeleigh Adams ran a 57.7. And in the girls' 4×400-meter relay, sophomores Amara Ugwu, Alyssa Lubba, Anna Radmilovich, and Sejin Park finished with a 4:56.

The hurdlers also performed well at the meet. Junior Sean Hamilton finished the 300-meter hurdle race in 47.9 seconds. Freshman Zach Denman finished the 110-meter hurdle race in 19.0 seconds, and sophomore Will Brandt completed that same course in 21.0 seconds.

South High's pole vaulters performed exceptionally well at the Torrance Dual meet. Senior Nik Swensson cleared 10' 0", and sophomore Sofia Pela cleared 5' 6". Senior Paige Hernandez cleared 5' 8".

Many of the shot putters and discus throwers succeeded at the Torrance Dual meet. Sophomores Alyssa Coric and Cassidy Blevins threw a 46' 9.5" and a 55' 3" in discus, respectively. Sophomore Kelly Chung threw a 48' 3" in that event. Sophomore Daniel Skinner threw a 27' 10" in shot put. Freshman Mikaela Lippon threw a 25' 6.5", and sophomore Andrew Kim threw a 24' 2", in that event.

The jumpers also made substantial progress on that day. Long jumper and junior Jennifer Wong jumped 10' 5", and junior Sarrah Nassery jumped 8' 0". Sophomore Shriya Mittar jumped 13' 2" in that

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same event. In the high jump event, senior Jason Min cleared 5' 4".

South High's next event will be the West Dual on Thursday, March 22. The North Dual will follow on April 5, and both of those events will take place at South High. The team hopes for continued success in the season, and though inclement weather is forecasted for this week, hopes are still high that auspicious sunshine will greet the athletes. Nonetheless, the Torrance Dual meet proved to be a highly successful endeavor for South High's Track & Field team.

*- Reporter Andrew Leung  
Sunday, March 18, 2018*