

# LOUIS ZAMPERINI INVITATIONAL

**February, 23, 2019**

**Zamperini Stadium:  
2125 Lincoln Ave.  
Torrance, CA 90502**

**Start Time:**

**Zamperini 5000m – 9:30am**

**Field Events: 9:30am**

**4x800 follows 5000m**

**Entry Fee: \$200 entire team**

**Unlimited entries per event  
Relay teams (A – Z)**

**[www.thstf.com/zamperini](http://www.thstf.com/zamperini)**

**[www.thstf.com/directions](http://www.thstf.com/directions)**

## **Events and Order:**

**5000m – 9:30am**

**4x800**

**8x200**

**1600**

**SMR**

**1000m**

**SMR-800**

**DMR**

**Pole Vault**

**Shot Put**

**Disc**

**L.J.**

**T.J.**

**H.J.**

**Medals: top 3 overall in  
each event, per division,  
except 1600 & 5000.**

**Entries: EPI Sports**

**Deadline: Thursday  
2/21/2019 by 11 PM.**

**Entry Fee: \$200 – Team  
Due: Tuesday 2/19/2019  
Checks: THS Track**

**Mail: Kyle Irvine  
THS Track and Field  
2200 W. Carson St.  
Torrance 90501**

## **DIRECTIONS TO FIELD:**

**Traveling north or south on 405  
Freeway take Crenshaw off-  
ramp south to Carson Street.  
Turn left and continue to Plaza  
del Amo (1st signal). Turn right  
on Plaza Del Amo and continue  
past the back of the school to  
Arlington Street. Turn right on  
Arlington, go to the first street  
past the railroad tracks (Lincoln  
St.) and turn right on to  
Lincoln. Proceed on Lincoln to  
the athletic field, which is  
across from Torrance  
Elementary School.**

## **Contact:**

**Kyle Irvine  
310-283-1878 - cell  
[Isa4522@startmail.com](mailto:Isa4522@startmail.com)**



# Louis Zamperini Invitational

**Where:** Zamperini Stadium  
2125 Lincoln Ave.  
Torrance, Ca.

**Directions:** [www.thstf.com/directions](http://www.thstf.com/directions)

**Format:** Early season low key meet to honor the legacy of Louis Zamperini. All relays except the Zamperini 5000, 1600, 1000 and field events

**Date:** Saturday - February 23, 2019

**Start Time:** 9:30 am – 5000m  
Field Events – 9:30am – PV, SP, DISC, HJ, LJ, (Triple follows Long)  
4x800 follows 5000m

**Levels:** Varsity & F/S - Boys & Girls

**Events:** Zamperini 5000m (one race combined), 4x800, 8x200, 1600m (two races), 1000m (two races)  
1600 SMR (3, 3, 6, 4), DMR, 800 SMR (1, 1, 2, 4), PV (5 alive), SP, DISC, HJ, LJ, TJ

**Medals:** top 3 overall in all events, exception: 1600m & 5000m top 3 each race

**Entries:** Entries online at EPI Sports – Unlimited in all events  
Deadline - Thursday 2/21/19 by 11pm

**Entry Fee** - \$ 200.00 per team (make check out to THS Track) due by Tuesday, Feb 19, 2019.

**Mail:** THS Track & Field - Attn: Kyle Irvine  
2200 W. Carson St.  
Torrance, Ca. 90501

**Website:** [www.thstf.com](http://www.thstf.com) - click Zamperini Tab on home page

Contact: Kyle Irvine – (310) 283-1878 or isa4522@startmail.com

## **Order of Events: Running**

5000m – **9:30am**  
4x800 – **follows**  
8x200  
1600m  
SMR - 1600  
1000m  
SMR – 800  
DMR

## **Field: 9:30am (see below)**

Pole Vault  
Shot  
Disc  
H.J.  
L.J.  
T.J. – Immediately follows completion of Long Jump

## Approximate:

Event #1	5000m – Boys / Girls	9:30am
Event #2	4x800 – F/S -Boys	10:00am
Event #3	4x800 – F/S - Girls	10:20am
Event #4	4x800 – Varsity – Girls	10:45am
Event #5	4x800 – Varsity – Boys	11:00am
Event #6	8x200 – F/S - Boys	11:20am
Event #7	8x200 – F/S Girls	11:30am
Event #8	8x200 – Varsity – Girls	11:40am
Event #9	8x200 – Varsity – Boys	11:50am
Event #10	1600m – Boys	12:00pm
Event #11	1600m – Girls	12:30pm
Event #12	1600 SMR – F/S – Boys	12:45pm
Event #13	1600 SMR – F/S – Girls	1:00pm
Event #14	1600 SMR – Var Girls	1:15pm
Event #15	1600 SMR – Var Boys	1:25pm
Event #16	1000m – Boys	1:35pm
Event #17	1000m – Girls	1:45pm
Event #18	800 SMR – F/S – Boys	1:50pm
Event #19	800 SMR – F/S- Girls	2:00pm
Event #20	800 SMR Var Girls	2:10pm
Event #21	800 SMR Var Boys	2:15pm
Event #22	DMR – F/S – Boys	2:25pm
Event #23	DMR – F/S – Girls	2:40pm
Event #24	DMR – Var Girls	3:00pm
Event #25	DMR -Var Boys	3:20pm

## Event #27- Pole Vault – (5 / Alive) 9:30am

Opening Height – 5'5" – F/S – G  
7' 0" – V/G  
8' 0" – F/S - B  
10' 0" – V/B

## Event #28 – High Jump – (Two Pits) 9:30am

Opening Height – 3' 8" / 4'8"

### Event #29            Long Jump            Two Pits

Varsity Boys	9:30am	#1
Varsity Girls	9:30am	#2
F/S – Boys	11:00am	#1
F/S – Girls	11:00am	#2

### Event #30            Triple Jump

Varsity Boys	1:00pm	#1
Varsity Girls	1:00pm	#2
F/S – Boys	2:30pm	#1
F/S – Girls	2:30pm	#2

## Event #31- Shot Put 9:30am

V/B  
F/S - B  
F/S - G  
V/G

## Event #32 – Discus 9:30am

V/G  
F/S - G  
F/S - B  
V/B



